



RUDDING PARK

THE SPA PRICE LIST

SIGNATURE ORGANIC TREATMENTS

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| Rejuvenating Uplifting Facial 1 hour 15 minutes | £70.00 |
| Relax Into Radiance 1 hour 15 minutes | £80.00 |
| Made For Life, Head In Heaven 1 hour 15 minutes | £80.00 |

HAMMAM

PAGE 8 & 9

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| Aching Muscle Hammam 1 hour 15 minutes | £80.00 |
| Detoxifying Citrus Hammam 1 hour 15 minutes | £80.00 |
| Rose Cocoon Rebalance Hammam 1 hour 15 minutes | £80.00 |
| Head To Toe Hammam Experience 1 hour | £70.00 |
| Bespoke Body Scrub Hammam* 30 minutes | £30.00 |

BODY RITUALS

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| CARITA Body Sculpting Treatment 1 hour 15 minutes | £90.00 |
| Citrus Detox Boost 1 hour | £80.00 |
| Cellulite Smoother 1 hour | £60.00 |
| Nourish and Relax 1 hour 30 minutes | £95.00 |
| Hydrating Rose Cocoon 50 minutes | £60.00 |

*Add-on treatment. Must be booked along with another treatment

MASSAGE

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We recommend adding a bespoke body scrub prior to your massage for smooth skin and deeper absorption of our aromatherapy oils.

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| Hot Lava Shell Massage 25 minutes | £30.00 |
| 50 minutes | £50.00 |
| Silk Revelation 50 minutes | £55.00 |
| Aromatherapy Experience 50 minutes | £50.00 |
| 1 hour 15 minutes | £70.00 |
| Intense Muscle Release 25 minutes | £25.00 |
| 50 minutes | £50.00 |

ALTERNATIVE HOLISTIC THERAPY

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|---|--------|
| Mind Body Balance 1 hour 15 minutes | £70.00 |
| Eternal Light® Healing pre booking essential 20 minutes* | £20.00 |
| 40 minutes | £35.00 |
| Ayurvedic Head and Eye Massage 35 minutes | £35.00 |
| Foot Reflex Heaven 40 minutes | £40.00 |
| Oncology Massage pre booking essential 50 minutes | £50.00 |

FACIALS

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|------------------------------------|--------|
| Holistic Radiance Facial 1 hour | £60.00 |
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| Rejuvenating Anti-Ageing Uplifting Facial 1 hour 15 minutes | £65.00 |
| Age Repair Aromatherapy Facial 1 hour 15 minutes | £68.00 |
| Skin Solution Facial 1 hour | £55.00 |
| Refresher Facial* 25 minutes | £25.00 |

ADVANCED FACIALS BY CARITA

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| PRO-LIFT Diamond Facial 1 hour 20 minutes | £90.00 |
| Sculpting Eye Lift 25 minutes | £30.00 |
| Sculpting Gold Perfection 1 hour 30 minutes | £110.00 |
| Lagoon Hydration 1 hour 15 minutes | £70.00 |
| Cotton Softness 1 hour 15 minutes | £70.00 |
| Purity 1 hour 15 minutes | £70.00 |

MOTHER-TO-BE

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| Made For Life Pregnancy Pamper 1 hour 15 minutes | £80.00 |
| Nurturing Experience 25 minutes (solely back massage) 1 hour | £30.00 £55.00 |
| Hydrating Rose Cocoon 50 minutes | £60.00 |
| Organic Nourishing Ritual 1 hour 15 minutes | £65.00 |
| Nurturing Body Bliss 2 hours 15 minutes | £120.00 |

All peak period bookings are subject to an additional £15 charge

BRIDE-TO-BE RITUALS

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| The Glowing Bride | |
| 2 hours 30 minutes | £150.00 |
| The Revitalised Bride | |
| 3 hours 30 minutes | £190.00 |
| The Sculpted Bride | |
| 4 hours 30 minutes | £270.00 |
| The Big Day Signature Package | |
| 3 hours | £180.00 |

GENTLEMEN'S TREATMENTS

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|---------------------------|---------|
| Intense Muscle Release | |
| 25 minutes | £25.00 |
| 50 minutes | £50.00 |
| Mineral Hammam Experience | |
| 1 hour 15 minutes | £70.00 |
| Aromatherapy Experience | |
| 50 minutes | £50.00 |
| 1 hour 15 minutes | £70.00 |
| Firming Facial Lift | |
| 1 hour 15 minutes | £75.00 |
| Skin Solutions | |
| 1 hour | £55.00 |
| Hand Maintenance | |
| 25 minutes | £25.00 |
| Foot Maintenance | |
| 40 minutes | £35.00 |
| Essentially Men | |
| 1 hour 30 minutes | £100.00 |

HANDS AND FEET

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|-------------------------|--------|
| Renewing Manicure | |
| 50 minutes | £40.00 |
| Enriching Pedicure | |
| 50 minutes | £40.00 |
| Shape and Paint | |
| 20 minutes | £15.00 |
| Minx Application | |
| 45 minutes | £30.00 |
| Minx Remove and Replace | |
| 50 minutes | £35.00 |

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| Jessica Gelerations | |
| 45 minutes | £35.00 |
| Gelerations Remove and Replace | |
| 55 minutes | £40.00 |

FINISHING TOUCHES

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| TANNING | |
| Glimmer and Go | |
| 45 minutes | £40.00 |

MAKE-UP

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|-------------------------|--------|
| Application | |
| 45 minutes | £40.00 |
| Wedding Trial | |
| 1 hour | £50.00 |
| Wedding Day Application | |
| 1 hour | £50.00 |
| Eyelash Tint | |
| 15 minutes | £10.00 |
| Eyebrow Tint | |
| 15 minutes | £10.00 |

WAXING

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|------------|--------|
| Bikini | |
| 30 minutes | £16.00 |
| Under Arm | |
| 20 minutes | £15.00 |
| Half Leg | |
| 30 minutes | £20.00 |
| Full Leg | |
| 45 minutes | £30.00 |
| Chin | |
| 15 minutes | £10.00 |
| Lip | |
| 15 minutes | £10.00 |
| Brow | |
| 15 minutes | £10.00 |
| Chest | |
| 45 minutes | £30.00 |
| Half Back | |
| 30 minutes | £20.00 |
| Full Back | |
| 45 minutes | £30.00 |

SPA PACKAGES

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|---------------------------|-------------|
| Rudding Signature Package | |
| 2 hours 15 minutes | £145.00 |
| Aromatherapy Heaven | |
| 2 hours | £130.00 |
| Ultimate Spa Experience | |
| 2 hours 30 minutes | £190.00 |
| Nurturing Body Bliss | |
| 2 hours | £145.00 |
| Just The Two Of Us | each person |
| 1 hour 20 minutes | £95.00 |
| Mid-Week Spa Packages | |
| 50 minutes | £55.00 |
| Lazy Sunday | |
| 50 minutes | £60.00 |
| Girls Night In | |
| pre booking essential | per person |
| 2 hours 30 minutes | £150.00 |
| Teenage Pamper Package | |
| 1 hour 15 minutes | £65.00 |

HAIR TREATMENTS

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|---------------------------|--------|
| Organic Nourishing Ritual | |
| 1 hour 15 minutes | £65.00 |
| Luxury Hair Experience | |
| 1 hour 15 minutes | £65.00 |

HAIR STYLING

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|---|--------|
| Hair Up | |
| 1 hour | £45.00 |
| Blow Dry | |
| 30 minutes | £25.00 |
| Blow Dry and Curls | |
| 45 minutes | £35.00 |
| Wedding Trial | |
| 1 hour 30 minutes | £65.00 |
| Wedding Hair on the Day | |
| 1 hour 30 minutes | £65.00 |
| Pre-booking essential for all hair styling. | |

All peak period bookings are subject to an additional £15 charge