

RUDDING
PARKRACE EVENT MAP





TUESDAY 14 MAY 2024

ARRIVAL/ PARKING

Rudding Park postcode - HG3 1JH.

You can enter via the main hotel entrance or golf entrance, and marshals will then direct you to the different car parks. Please share cars so we can ensure that everyone has a car park space and to reduce the races carbon footprint. Allow plenty of time so you can park and go the registration point to collect your race number.

When departing after the race, use the exit signs marked on the map. Please take care when leaving, as there may still be runners on course.

RACE HQ

The Deerhouse is Race HQ. Runners should collect their race number from the registration point outside the Deerhouse. The Golf Clubhouse will also be open for anyone who wants a drink on the terrace overlooking the 18th green.

REGISTRATION/ COLLECTING RACE NUMBERS

When you arrive head to HQ (the Deerhouse) the race numbers will be distributed, in alphabetical order (by surname). Please note, you will be asked for proof of identity.

There is a timing chip on the back of the race number.

Whilst we will have some safety pins to attach your race number, we encourage participants to bring their own.

Please write your emergency contact details and any medical information declared when you registered on the back of the race number.

TOILETS

There are toilets/portaloos available at HQ (the Deerhouse) and at the Golf Clubhouse.

FIRST AID/ AMBULANCE

The ambulance and first aid team will be located by the start arch. The marshals on course will be in contact with the ambulance team if needed. In the case of an emergency call 999 directly.

SPECTATOR AREA

There are numerous areas to spectate, however we recommend:

Spectator Zone 1: The start - Deerhouse

Spectator Zone 2: 'The Italian Boot shape' - Golf Clubhouse

Spectator Zone 3: The Finish - Front of Rudding House

RACE START/ FINISH

Race starts promptly at 7pm.

Start line is opposite HQ (the Deerhouse). Please be ready in the 'enclosed runner only area' 10 minutes before the start.

Finish line will be in front of Rudding House.

When you finish the race, all competitors will receive a well-deserved medal and goody bag. Make your way to the Jupiter Fan Zone to collect your hog roast and your 'RaceFinisher' complimentary refreshment (volunteers will mark on your race number when you collect any of these items). Additional refreshments will be available to purchase.

A bar and hog roast will also be available for spectators to purchase. A vegetarian alternative will be available.

COURSE INFORMATION

The course is an undulating single loop, which is fully marked. Follow the tape, directions, signs or any instruction from the marshals. Please take care and look out for roots, branches, uneven surfaces, stones etc. Depending on weather conditions leading up to the race, trail shoes may be recommended.

As stated on the race entry page there is a time limit of 1h 45mins, anyone who reaches the 5k mark after 55mins will not be allowed to continue and will be directed to the finish. There will be a tail walker going round at 1h 45 pace.

No dogs allowed on the course.

Risk assessments for this race are available on request.

WATER STATION

There is a water station at 5km and at the finish line.

RESULTS AND PRIZES

Live results will be available on the Racebest website - <https://racebest.com/results>

Prizes will be presented at around 8.30pm at the front of Rudding House. There are prizes for overall winners male and female 1st, 2nd and 3rd, including overnight stays, spa days and meals in Clocktower.

Age category winners M40, F40, M50, F50, M60, F60, M70, F70 - Overall winner takes priority over age category.

The fastest male and female Rudding Park employees will be awarded the Jane Scales Trophy, in memory of Jane, a valued and much loved member of the Rudding Park team for over 25 years.

PHOTOS

Get social: Use #Ruddingrace on Instagram

Please be informed that a professional photographer and videographer will be documenting the entirety of the event for Rudding Park marketing purposes

THANK YOU

This race would not be possible without our partners, so we would like to say a big thank you to:

Headline sponsor: Saffery

Sponsors: McCormick Solicitors, Redline Cars, Carter Jonas, Yorkshire Agricultural Society, York Knights, Engtegra, Boost Drinks, Delifresh, Sykes House Farm, Country Valley Foods, Northern Bloc, fg factor drinks, Lets Run, Taylors of Harrogate, Lottie Shaw's, Molton Brown, Elis, Molson Coors and Natura Bisse

