



# RUDDING PARK

HOTEL, SPA & GOLF



## BEGINNER COURSE ITINERARIES

### 2 DAY - HALF DAY COURSES

DAY 1		DAY 2	
Times		Times	
8.30am	Meet your Professional	8.00am	Breakfast / Meet your Professional
8.45am	Golf Academy Tour	8.45am	Recap on previous day & questions
9.00am	Introduction to putting & chipping	9.00am	Swing development & video analysis
10.30am	Break	10.30am	Break
11.00am	Introduction to setup & half swing	11.00am	Introduction to woods & bunkers
12.45pm	Debrief & complete coaching manual	12.00pm	Golf course
1.00pm	Lunch	1.00pm	Lunch

### 2 DAY - FULL DAY COURSES

DAY 1		DAY 2	
Times		Times	
8.30am	Meet your Professional	8.00am	Breakfast / Meet your Professional
8.45am	Golf Academy Tour	8.45am	Recap on previous day & questions
9.00am	Introduction to putting & chipping	9.00am	Swing development & video analysis
10.30am	Break	10.30am	Break
11.00am	Grip, set up & half swing	11.00am	Introduction to woods & bunkers
12.45pm	Debrief & complete coaching manual	12.00pm	Golf Course
1.00pm	Lunch	1.00pm	Lunch
2.00pm	Range Practice	2.00pm	Rules, etiquette & marking a card
3.30pm	Break	3.30pm	Break
4.00pm	Golf course	4.00pm	Golf course
5.30pm	Debrief & complete coaching manual	5.45pm	Debrief & complete coaching manual
6.00pm	Finish	6.00pm	Finish



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## 3 DAY - HALF DAY COURSES

DAY 1		DAY 2		Day 3	
Times		Times		Times	
8.30am	Meet your Professional	8.00am	Breakfast / Meet your Professional	8.00am	Breakfast / Meet your Professional
8.45am	Golf Academy Tour	8.45am	Recap on previous day & questions	8.45am	Recap on previous day & questions
9.00am	Introduction to putting & chipping	9.00am	Swing development & video analysis	9.00am	Driving range practice & video analysis
10.30am	Break	10.30am	Break	10.30am	Break
11.00am	Introduction to set up & half swing	11.00am	Introduction to woods & bunkers	11.00am	Short game practice
12.45pm	Debrief & complete coaching manual	12.00pm	Golf course	12.00pm	Golf course
1pm	Lunch	1.00pm	Lunch	1.00pm	Lunch

## 5 DAY - HALF DAY COURSES

DAY 1		DAY 2		DAY 3	
Times		Times		Times	
8.30am	Meet your Professional	8.00am	Breakfast / Meet your Professional	8.00am	Breakfast / Meet your Professional
8.45am	Golf Academy Tour	8.45am	Recap on previous day & questions	8.45am	Recap on previous day & questions
9.00am	Introduction to putting & chipping	9.00am	Swing development & video analysis	9.00am	Driving range practice & video analysis
10.30am	Break	10.30am	Break	10.30am	Break
11.00am	Introduction to set up & half swing	11.00am	Introduction to woods & bunkers	11.00am	Short game practice
12.45pm	Debrief & complete coaching manual	12.00pm	Golf course	12.00pm	Golf course
1.00pm	Lunch	1.00pm	Lunch	1.00pm	Lunch
DAY 4		DAY 5			
8.00am	Breakfast / Meet your Professional	8.00am	Breakfast / Meet your Professional		
8.45am	Recap on previous day & questions	8.45am	Recap on previous day & questions		
9.00am	Driving range practice & video analysis	9.00am	Short game		
10.30am	Break	10.30am	Break		
11.00am	Short game	11.00am	Golf course		
12.00pm	Golf course	12.00pm	Final evaluation & complete course manual		
1.00pm	Lunch	1.00pm	Lunch		