

RUDDING PARK
— HARROGATE —

SPA PRICE LIST

SPA DAYS

Spa Days include a 50 minute treatment from the selection below. Alternatively use your £80 per person allowance towards a treatment from the full treatment menu.

Monday to Sunday		
Full Day including lunch	10am - 6pm	from £158
Morning	9am - 1pm	from £116
Brunch	8.30am - 1.30pm	from £124
Afternoon Tea	12pm - 5pm	from £133
Afternoon	2pm - 6pm	from £116
Thursday to Saturday		
Starlight Spa	5.30pm - 9.30pm	from £116

SPA DAY TREATMENT SELECTION

- Radiance Facial
- Thermal Detox Wrap
- Relax Foot and Head Heaven
- Mother to Be Hydration Facial
- Essential Manicure or Pedicure
- Gentlemen's Hand or Foot Maintenance
- Living With and Beyond Cancer treatments (50 minutes)

ROOF TOP SPA EXPERIENCES

Includes access to the Indoor Pool and Juniper Log Sauna.

Monday to Sunday		
Full Day including lunch	10.30am - 5.30pm	from £94
Brunch	9.00am - 1.00pm	from £65
Morning	9.30am - 12.30pm	from £56
Afternoon Tea	12.30pm - 4.30pm	from £74
Afternoon	2.30pm - 5.30pm	from £56
Starlight Spa	6.30pm - 9.30pm	from £56

SPA AND BRUNCH

FROM £124 PER PERSON

50 minute treatment from the spa day treatment selection
Brunch at Horto Cafe
Roof Top Spa and Garden

SUPPER AND SPA

£110 FOR TWO Sunday – Friday

£130 FOR TWO Saturday

Two course supper at Clocktower
Roof Top Spa and Garden

RASUL, SPA AND LUNCH

£165 FOR TWO Monday – Friday

25 minute traditional Moorish mud experience
(Himalayan Zest)
Two course lunch at Horto
Roof Top Spa and Garden (two hours access)

MUD RASUL - TO BOOK CALL 01423 844840

Choose your 25 minute rasul experience from the menu below. All guests must have the same. Includes access to the Indoor Pool, Juniper Log Sauna and Bucket Shower for one hour.

2 - 6 people	Day Spa / Residents	Non-residents
Himalayan Zest	£15 pp	£30 pp
Citrus Burst	£20 pp	£40 pp
Mocha Fix	£25 pp	£50 pp

HORTO CAFE - TO BOOK CALL 01423 844840

	Pre-booked	On the day
2 Course Lunch	£26	£31.50
3 Course Lunch	£31	£41
Afternoon Tea	£22.50	£27.50

BOOK ONLINE ruddingpark.co.uk

TREATMENTS

SIGNATURE TREATMENTS

Rudding Park Jewel Ritual	1 hours 45 minutes	£180
Sunshine Ritual	1 hours 45 minutes	£180
Dreamtime Journey	1 hours 45 minutes	£180

FACIALS

Crystal Facial Therapy	50 minutes	£95
CARITA Anti-Age	50 minutes	£95
Radiance Facial	50 minutes	£95

CARITA CINETIC LIFT EXPERT FACIALS

Book a course of six facials and receive one free.

Cinetic Lift	50 minutes	£105
Resurfacing Peel & Reveal	50 minutes	£100
	1 hour 45 minutes	£190
Genesis of Youth	1 hour 45 minutes	£195

BODY RITUALS

Thermal Detox Wrap	50 minutes	£95
Anti Oxidant Booster Ritual	50 minutes	£95
Vitality Body Ritual	1 hours 45 minutes	£160

TANNING

Kissed by Mii	25 minutes	£25
Kissed by Mii including scrub	50 minutes	£50

MASSAGE

Flow Wellbeing	50 minutes	£100
	1 hours 45 minutes	£195
Chakra Wellbeing	50 minutes	£100
	1 hours 45 minutes	£195
Hot Stone Muscle Melt	50 minutes	£100
	1 hours 45 minutes	£195
Karuna Kaya Deep Tissue	50 minutes	£100
	1 hours 45 minutes	£195

LIVING WITH AND BEYOND CANCER

We understand individual circumstances vary and therefore recommend consulting your own medical team before using spa facilities.

Jennifer Young Treatments		
Gentle Manicure or Pedicure	50 minutes	£50
Blissful Facial	50 minutes	£95
Mind & Body Balance	50 minutes	£95

PREGNANCY TREATMENTS

Mother to Be Hydration Facial (pre 12 wks)	50 minutes	£95
Anti-Age Facial (post 12 wks)	50 minutes	£95
Mother to Be Massage (post 12 wks)	50 minutes	£100

TIME FOR TWO

	Price per couple	
Couples Connect*	1 hour 45 minutes	£350
Duo Massage Masterclass*	1 hour 45 minutes	£350

* Includes a Bath Ritual and access to the Roof Top Spa for two hours.

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BATH RITUALS

Choose from the menu below depending on your mood.

	Price per couple	
Destress	25 minutes	£65
Love Bath	25 minutes	£65
Uplifting	25 minutes	£65
Bedtime Bliss	25 minutes	£65

Enhance your Bath Ritual Experience with Champagne.

SLEEPING BEAUTY SPA BREAK

FROM £193 PER PERSON

Dinner, bed, Yorkshire breakfast
50 minute bespoke treatment per person
Access to the Roof Top Spa and Garden

BOOK ONLINE ruddingpark.co.uk

NAIL AND BEAUTY STUDIO

For manicure, pedicure, makeup and waxing refer to the Nail and Beauty Studio Treatment Menu

Available for private parties

Catch up with friends over cocktails, wine, gin or fizz whilst making sure you look your best from top to toe

TO BOOK CALL 01423 844840

HAIR CUTTING AND STYLING

Ladies Cut and Blow Dry	£55
Restyle	£65
Gents Cut and Blow Dry	£42
Blow Dry	£40
Hair Up	from £45
Blow Dry / Styling Lesson	£50

HAIR COLOURING

Exclusive of blow dry. A £5 supplement will be charged on all INOA hair colours. A patch test is recommended 48 hours prior to your treatment.

Full Head Highlights	£88
Half Head Highlights	£75
Crown and Parting	£62
Full Head Colour	£60
Re-Growth Colour	£53
Bespoke Colour (price on consultation)	—

ADD-ON HAIR TREATMENT AND RITUALS

L'Oreal Smartbond Treatment	from £10
Kerastase Fusio-Dose Ritual	from £10
Kerastase Intense Ritual	from £15
Kerastase Indulgent Ritual	from £15

WEDDING HAIR

	Hair Up	Half Hair Up	Blow Dry
Bridal Trial	£85	£77	£60
Wedding Day Bride	£94	£85	£70
Wedding Day Bridesmaid	£72	£65	£60
Wedding Day Mother of Bride	£69	£61	£57