

## STAFF PROFILE



### HEIDI ABOU-TAYIEM APPRENTICE SPA THERAPIST

#### **What are some practical things you are learning from your apprenticeship?**

At college I am currently learning different types of massage. By having this technical knowledge I can implement that into my apprenticeship by giving the guests knowledge about the different types of massage we have available.

#### **What's a typical day like for you?**

I start the day by opening up The Spa and getting the therapists ready for the day ahead. As well as this I prepare the mud rasul station for the guests. I set this up for each guest and explain how and why to have this treatment. My other duties include creating registration cards for guests' spa days for the following day and arranging the bath ritual.

#### **What's great about learning whilst you are working?**

Learning while I am working allows me to gain everyday hands-on experience in the spa industry, as well as earning my own money which helps me feel more independent.

#### **How will it benefit your long term career?**

My apprenticeship will help my long term career as I have gained more experience due to learning in a workplace, and from working at the number one spa in the North East.