

CADET Q&A: Fleur East



Fleur is a talented singer-songwriter, radio and TV presenter, actress and rapper. After reaching the finals of the X Factor, Fleur launched an explosive music career which included the monster hit 'Sax' that smashed into the Top 3 UK Singles Chart and stayed in the Top 10 for seven weeks. As well as presenting Hits Radio Breakfast show on weekday mornings, Fleur is currently starring in the popular Ant & Dec's Saturday Night Takeaway.

Fleur will be coached and mentored by PGA Professional **Barry Middleton at Chigwell Golf Club, Essex.**

Q. Tell us all what you're looking forward to about this challenge

I am looking forward to being competitive and taking on something completely different, something I never thought I'd have the opportunity to do. I like to say that I'm not competitive but the moment I'm faced with a challenge...something I can win, something I can compete in... then the fire is ignited within me and I become this different person altogether.

Q. How do you feel about the potential of playing under watching eyes?

A lot of people ask how I get up on stage and perform in front of thousands of people. For me that's an arena I'm comfortable in and I know. Doing something like this and stepping onto a different kind of stage is very daunting. I hope I am equipped with the tools and knowledge to feel comfortable but its going to be completely different to anything I've ever done before.

Q. How important is your pro Barry going to be in your journey?

He is literally my golden ticket and my only hope of having any chance of playing in this event. I don't really know much at all about this sport. I have everything to learn from terms and also even learning the types of clubs. The fact I don't know anything is quite thrilling though.

Q. How do you like to be motivated?

I need tough love. I think when someone is quite real with me, honest and upfront, that's when I thrive and excel as I like to prove people wrong. If someone is being nice to me and massaging my ego, I'll feel nice but I'm not going to achieve.

Q. What advice would you give to anyone who is thinking about stepping out of their comfort zone and taking up a totally new challenge?

Do it – I always advise everyone to step out of your comfort zone as that is when you learn about yourself. You don't learn how far you can go, what you can achieve or what your strengths and weaknesses are if you don't push yourself. It builds you as a person, so definitely do it.

Q. Dream four ball?

Helen, Natalie and Fleur will be brilliant going through this together but abstractly I'd like to see people from my world play golf – I would love to see Mel B from the Spice Girls on the course, I'd like to hit balls with Oprah Winfrey and finally Perrie from Little Mix! A solid mix.