

# CADET Q&A: Natalie Pinkham



Natalie is a popular television reporter and Formula One presenter for Sky Sports F1, having been the pit lane reporter for BBC Radio 5 Live previously. Natalie has fronted documentaries, been a regular panellist on current affairs programmes and a DJ on Heart Radio. In addition to her Formula 1 duties, Natalie hosts her "In the Pink" podcast interviewing the brightest names in sport and entertainment.

Natalie will be coached and mentored by PGA Professional **James Irons at Dukes Meadows, London**

## **Q. Are you good at sports?**

Growing up I loved every single sports. I have a son and daughter and I am determined that my daughter will always have the same opportunities as my son. I'm seeing that finally happen now and for both of them to recognise that there is no difference and absolute parity between them in terms of the opportunities they have in sport and life generally is of the utmost importance to me.

## **Q. Tell us about your golf experience?**

Golf has always been a sport I have admired, respected, and enjoyed watching. However, I always thought it would be massively time consuming to play golf and I wouldn't have that time as a working mum, but I am hoping this challenge can prove that wrong! My late Grandpa was a scratch golfer and wrote books about golf, I always felt as though I'd let him down a bit not taking it up. I think he's going to be looking down with a big smile and a twinkle in his eye.

## **Q. What were your thoughts about golf before you took on this challenge?**

I have been quite intimidated by golf, by golf courses, the golf clubs - I feel you have to wear, do and say the right thing. Where you can stand and where you can't stand and through this, I'd like to bust that myth for others!

## **Q. How do you feel about the potential of playing in front of a big crowd in September?**

I'm really excited about this but if I think about it too much, I will lose sleep over it. I am competitive but more with myself rather than anyone else. I love this idea and think it's a brilliant initiative. Anything that gets participation up and gets women talking about sport and encouraging a can-do attitude is just brilliant.

## **Q. What advice would you give to anyone who is thinking about stepping out of their comfort zone and taking up a totally new challenge?**

Eleanor Roosevelt is full of inspiring quotes, one that always resonates with me and I follow is 'do one thing a day that scares you'. I believe if you do it, you leave your comfort zone, you grow in confidence and you will look back and realise how far you have come so do it!

## **Q. Dream four ball?**

These three girls - you don't need to look much further than this bunch - I can't wait to play with them!